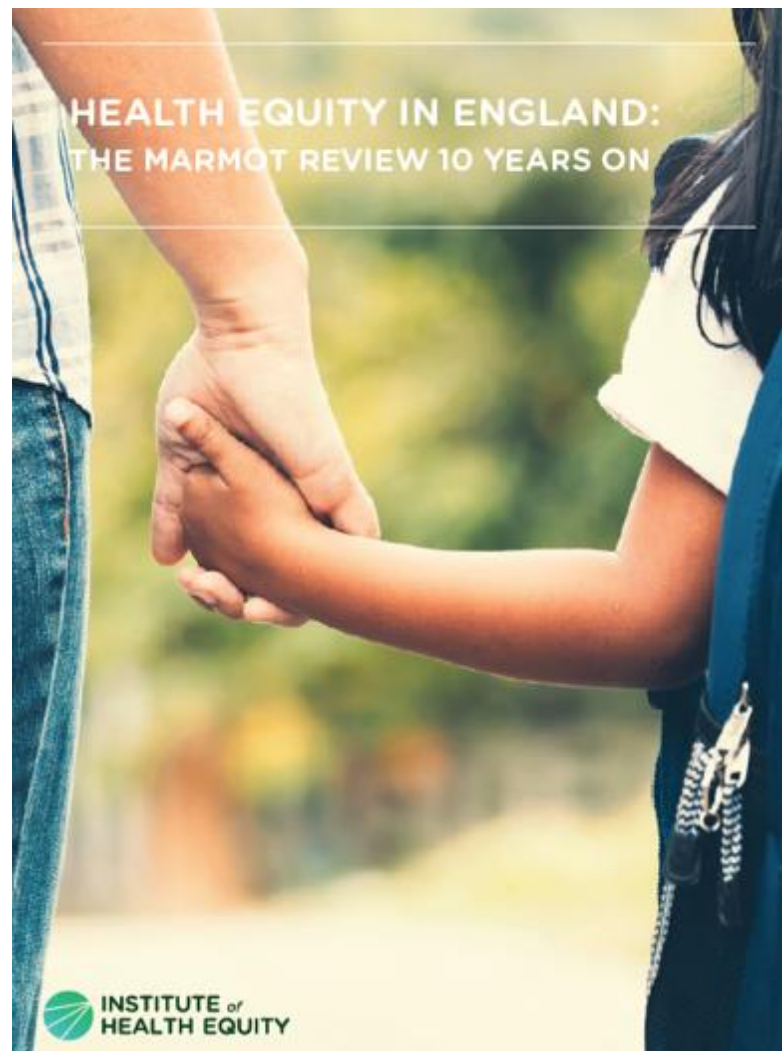


Marmot places and organisations

Dr Jessica Allen

www.instituteofhealthequity.org

Major national reports

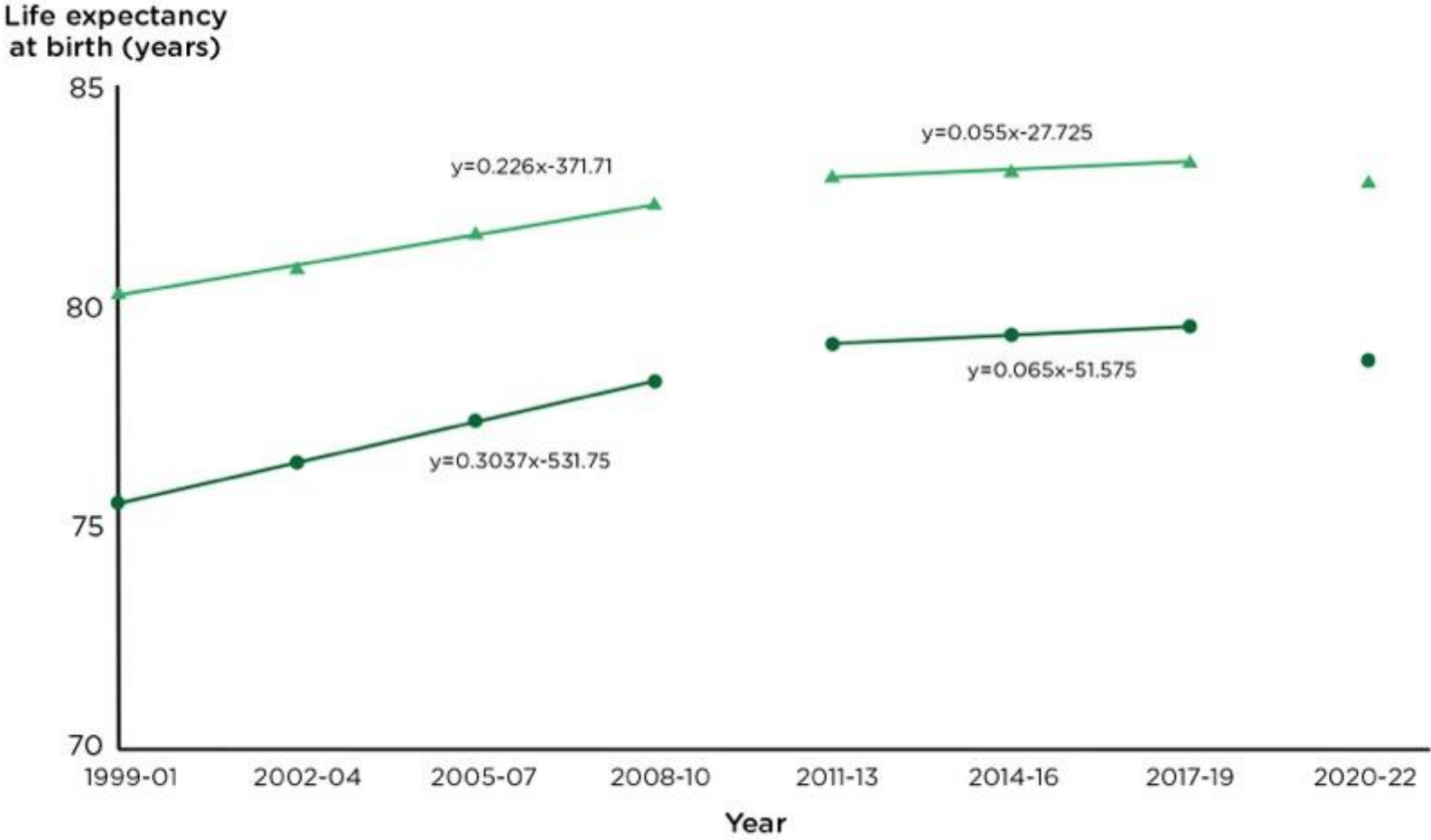


Drivers of health - Marmot Principles



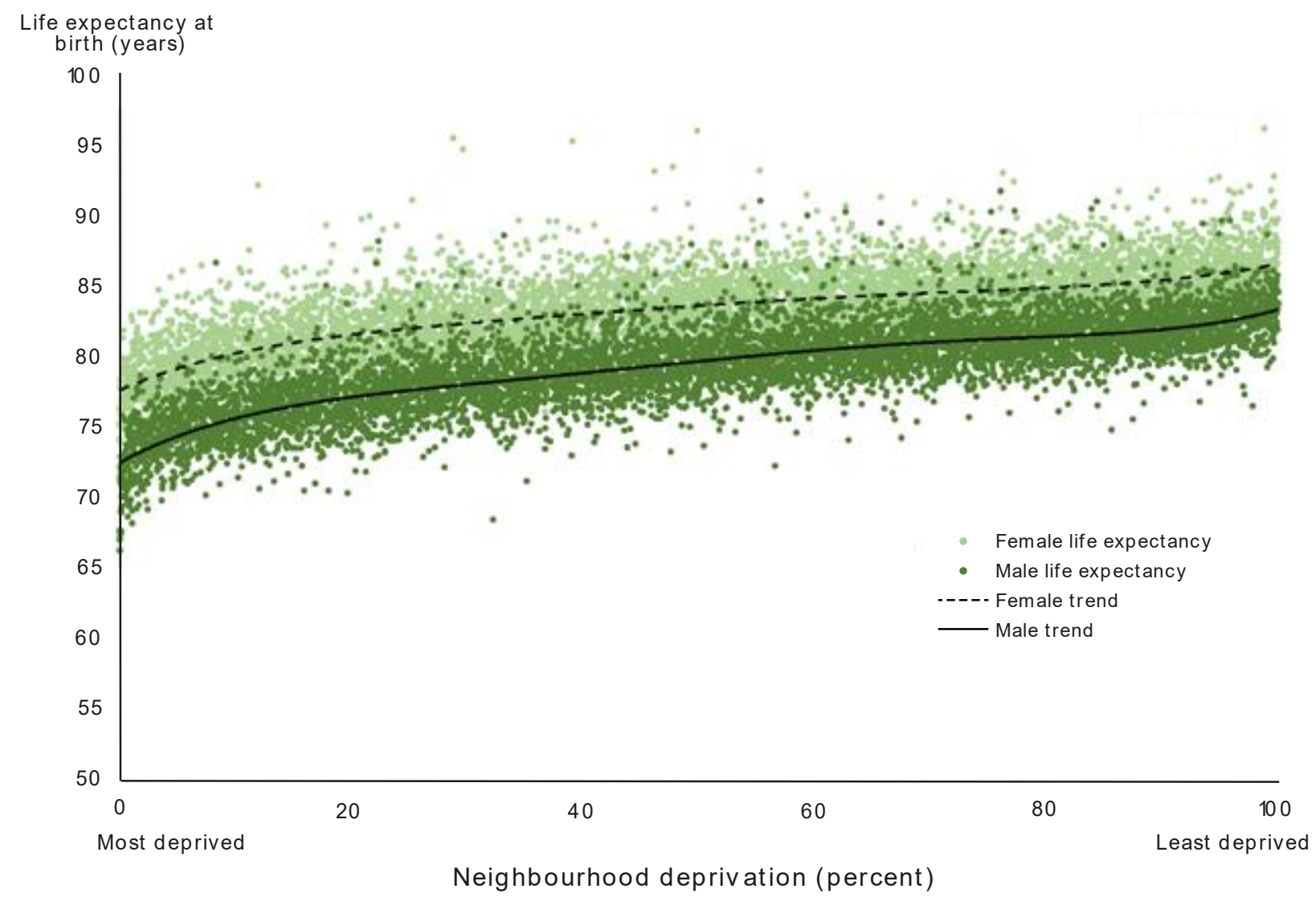
1. Give every child the best start in life
2. Enable all children, young people and adults to maximise their capabilities and have control over their lives
3. Create fair employment and good work for all
4. Ensure healthy standard of living for all
5. Create and develop healthy and sustainable places and communities
6. Strengthen the role and impact of ill health prevention
7. Tackle racism, discrimination and their outcomes
8. Pursue environmental sustainability and health equity together

Life expectancy at birth, England, 1999-2001 to 2020-22



Source: ONS (2024)
National life tables; England

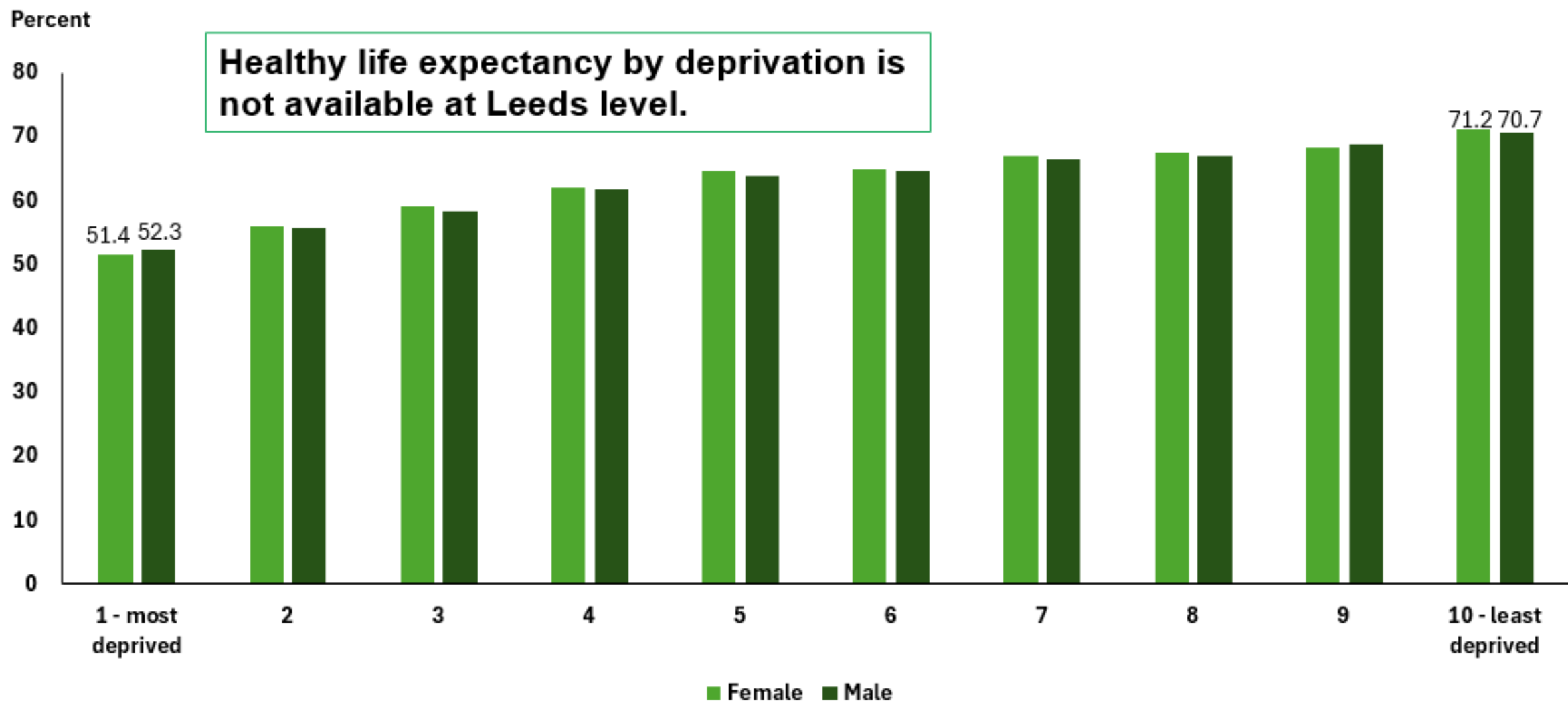
Figure 1.4. Life expectancy at birth for neighbourhoods in England, by sex and level of deprivation, 2016–20



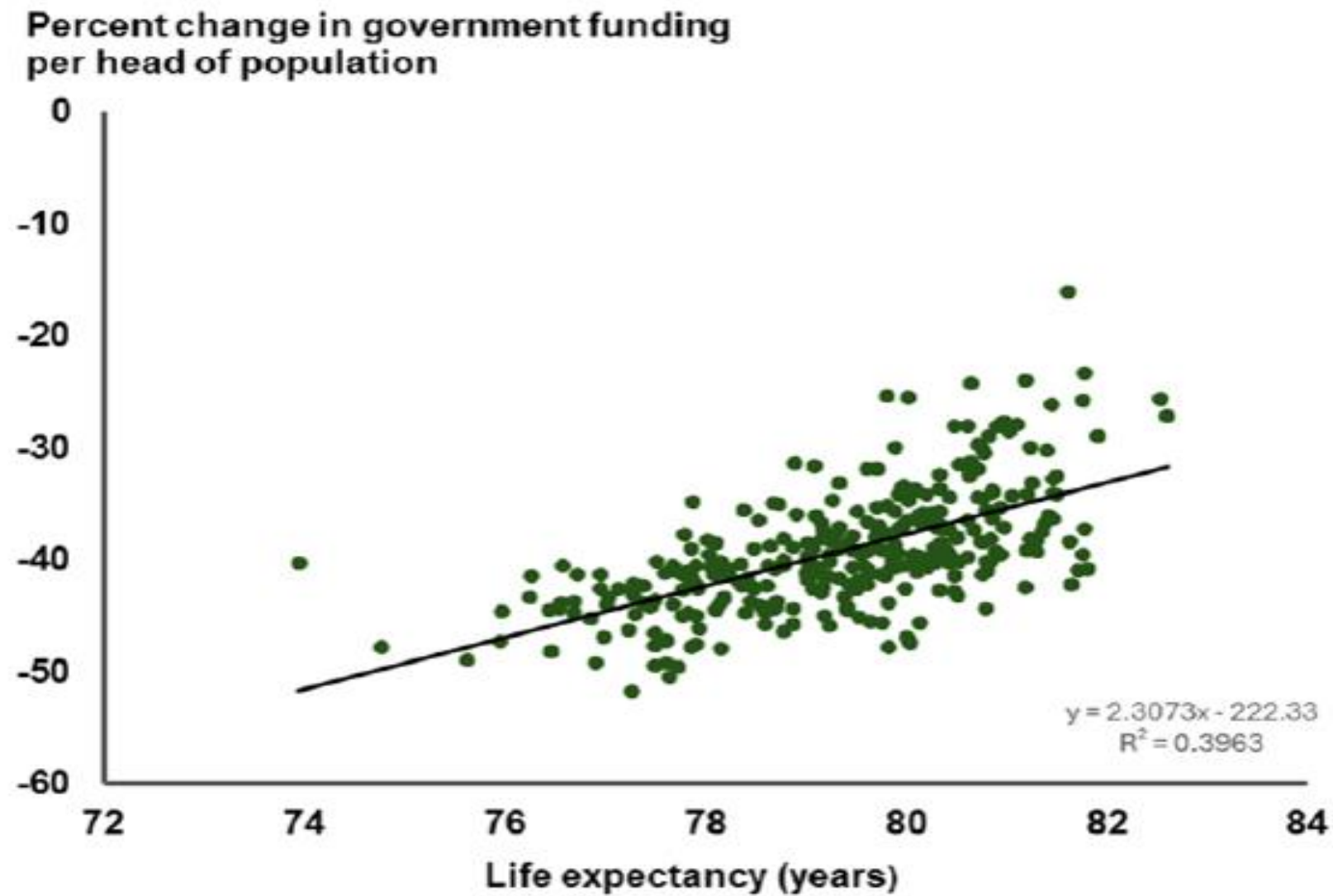
Healthy life expectancy, by sex, and England, 2009-11 to 2018-20



Healthy life expectancy, by sex, and deprivation, England, 2017-19



Change in government funding per head of population by 2019/20 by male life expectancy in 2010-12, local authorities in England



Working outside national context

- Places
- Sectors
 - Healthcare
 - Public services
 - Local government
 - Business
 - Community voluntary sector organisations
- Workforce
 - Healthcare
 - Public health
 - Business
- The Health Equity Network a social movement

Health Equity 'Marmot' Places – 60 + local authorities covering 43 percent of UK population

- Coventry
- Greater Manchester
- Cheshire and Merseyside
- Lancashire and Cumbria
- Luton
- Waltham Forest
- Gwent
- Leeds
- Southwest region
- Wokingham
- Medway
- Northumberland

2024

- Scotland national
 - Aberdeen City
 - North Ayrshire
 - South Lanarkshire
- Kent
- Oxfordshire

2025

- Newcastle
- Kings Lynn and West Norfolk
- Isle of Man
- East Suffolk
- North East Lincs
- North Tyneside

To be confirmed

- Birmingham
- Wales national and local areas.
- Mid West Ireland

A Health Equity 'Marmot' Place...

Recognises:

Health and health inequalities are mostly shaped by **the social determinants of health**

Assesses:

Inequalities in health and the social determinants of health
Actions already happening

Identifies:

Gaps in existing approaches
Action to go further to reduce inequalities

Evaluates:

How partners within a place can work together more effectively

Strengthens the health equity system
in a place and collaborations with the national system

Develops and delivers approaches to tackle health inequalities

Key points

Places proactively come to us.

There is no national health inequalities strategy

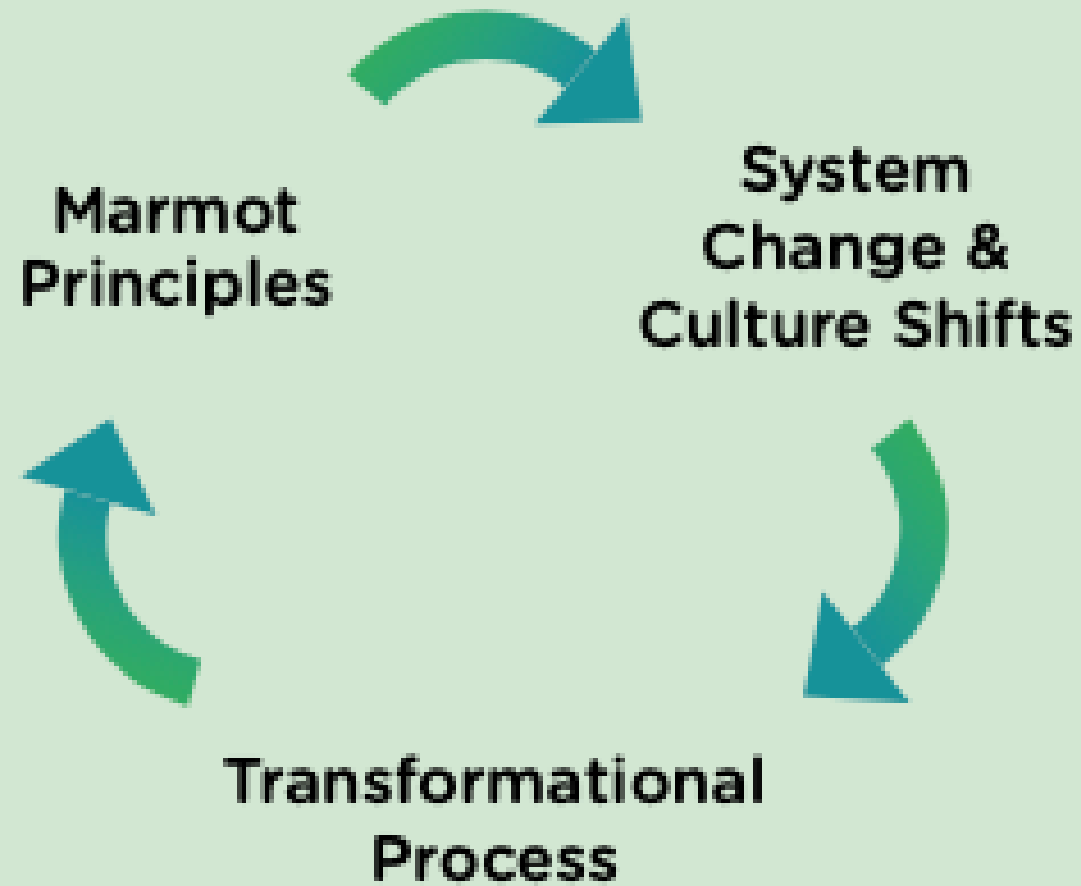
Each place is different.

There is no blueprint

Usually led by public health in Local Government or Combined Authorities.
Occasionally NHS system.

We develop a 2 year programme with the place leading to recommendations, implementation and action.

Marmot approach - Impacts on places

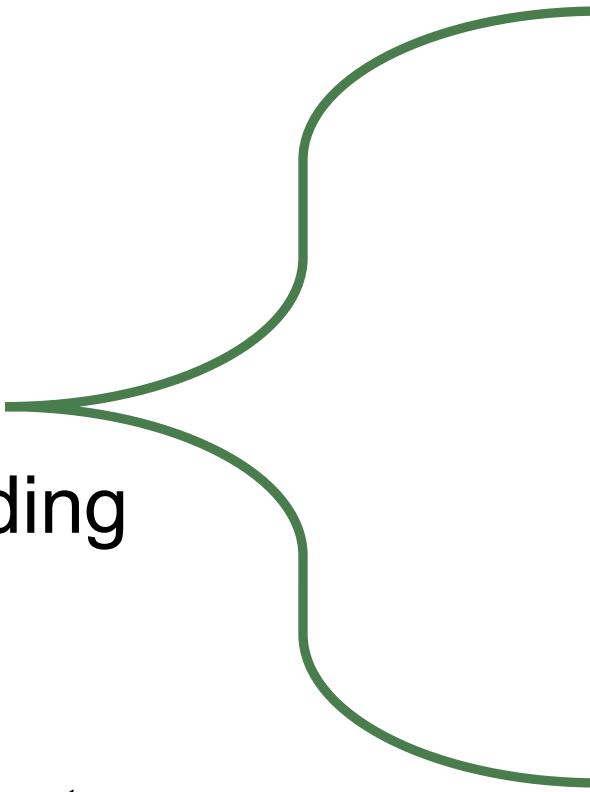


Drivers of health - Marmot Principles



1. **Give every child the best start in life**
2. Enable all children, young people and adults to maximise their capabilities and have control over their lives
3. **Create fair employment and good work for all**
4. **Ensure healthy standard of living for all**
5. Create and develop healthy and sustainable places and communities
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7. Tackle racism, discrimination and their outcomes
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System Change and Culture Shifts and the health equity system

- Governance
 - Leadership
 - Advocacy
 - Partnerships on SDH
 - Training/capacity building
 - Prioritisation - health equity in all policies
 - Community involvement
- 
- Local government
 - Public services
 - Voluntary, Community Social Enterprise Sector
 - Healthcare
 - Education
 - Private sector
 - Community

Transformational processes

- Proportionate Universalism
- Resource allocation
- Accountability mechanisms
- Contracts and commissioning for health equity and the SDH
- Monitoring and indicators

Public Health,
Education,
Libraries & Adult
Learning,
Procurement,
Economy and Jobs



Coventry Marmot Steering Group Partnership working



Cheshire and Merseyside



**POCKETS, PROSPECTS,
PLACES: SEFTON'S CHILD
POVERTY STRATEGY**



Champs
Public Health
Collaborative



All Together Fairer

The Marmot Programme for Cheshire and Merseyside

Working together to improve health and
wellbeing in Cheshire and Merseyside

October 2023

Greater Manchester - 2021

Early years, children and young people	Indicator 1: School readiness Indicator 2: Low wellbeing in secondary school children (#Beewell) Indicator 3: Pupil absences Indicator 4: Educational attainment by FSM eligibility
Work and employment	Indicator 5: NEETs at ages 18 to 24 Indicator 6: Unemployment rate Indicator 7: Low earning key workers Indicator 8: Proportion of employed in non-permanent employment
Income poverty and debt	Indicator 9: Children in low income households Indicator 10: Proportion of households with low income Indicator 11: Debt data from Citizens Advice
Housing transport and the environment	Indicator 12: Ratio of house price to earnings Indicator 13: Households/persons/children in temporary accommodation Indicator 14: Average public transport payments per mile travelled Indicator 15: Air quality breaches
Communities and place	Indicator 16: Feelings of safety in local area Indicator 17: People with different backgrounds get on well together Indicator 18: Antisocial behaviour
Public health	Indicator 19: Low self-reported health Indicator 20: Low wellbeing in adults Indicator 21: Numbers on NHS waiting list for 18 weeks Indicator 22: Emergency readmissions for ambulatory sensitive conditions Indicator 23: Adults/children obese Indicator 24: Smoking prevalence

Coventry - 2023

Marmot monitoring tool

[Home](#) | [Adult social care and health](#) | [Health and wellbeing](#) | [Public health](#) | [Policy](#) | [Coventry: A Marmot City](#) | [Marmot monitoring tool](#)



→ [Introduction](#)

→ [Headline statistics](#)

→ [Coventry: a Marmot City - the story so far](#)

→ [How we will measure how well we are doing](#)

Marmot principles

→ [1. Give every child the best start in life](#)

→ [2. Enable children, young people and adults to maximise capabilities and have control over their lives](#)

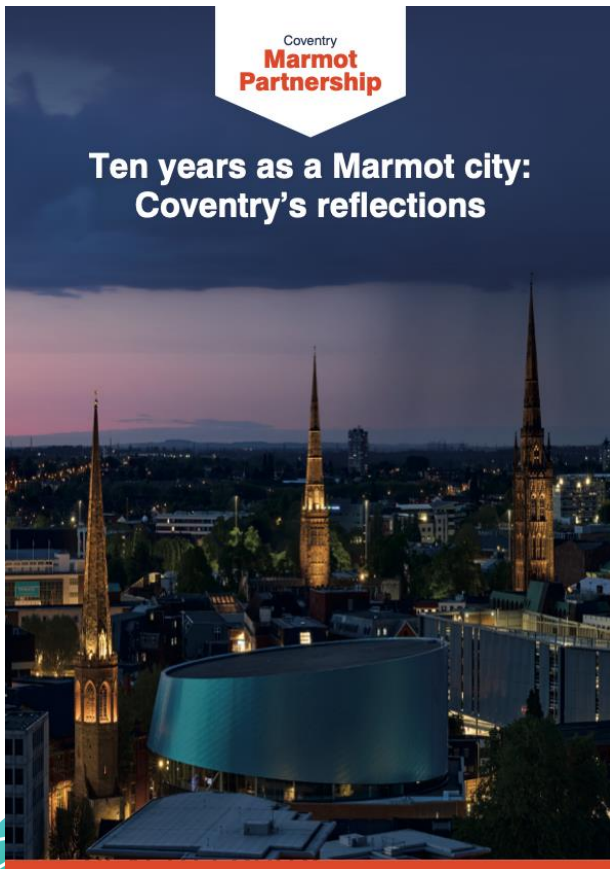
→ [3. Ensure a healthy standard of living for all](#)

→ [4. Create fair employment and good work for all](#)

Overviews - 2024

Coventry: Ten Years as a Marmot City

<https://www.coventry.gov.uk/marmot-monitoring-tool/ten-years-marmot-city>



For us in Coventry, the Marmot Partnership and being a Marmot city is at the centre of all we do...with the sole aim of reducing unjust inequalities that exist within our communities.

2020, independent evaluation

Coventry had demonstrated a commitment to making fairer decisions to improve the health of residents. There were positive signs of progress...and Coventry was doing well compared to similar places elsewhere in the UK.

Manchester and Luton evaluation

Luton

Reflections from assessment of strategies and interviews about what has happened. Development of Monitoring framework

A stronger health equity system

Clear governance and accountability

Building capacity

Tackling racism, discrimination and their outcomes as a priority area for development

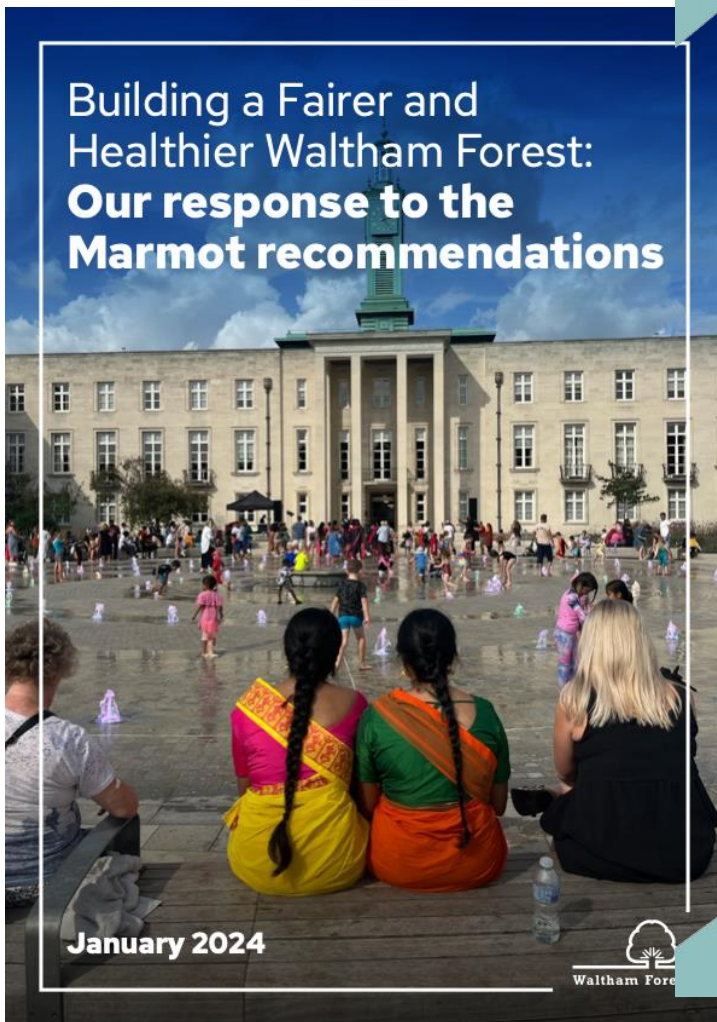
Resource allocation

Recommendations for the future



Responses and overviews

Building a Fairer and Healthier Waltham Forest: Our response to the Marmot recommendations



Annual Public Health Report 2023 Luton - a Health Equity Town



MAKING MANCHESTER FAIRER

8 themes

Early years, children & young people	Poverty, income & debt	Work & employment	Prevention of ill health & preventable deaths	Homes & housing	Places, transport & climate change	Systemic & structural racism & discrimination	Communities & power
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6 principles

Proportionate universalism & focus on equity	Respond to & learn from the impact of COVID 19	Tailor to reflect the needs of Manchester	Collaboration, creativity & whole system approach	Monitoring and evaluate to ensure we are narrowing the gaps	Take a life course approach
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4 ways of involving communities *

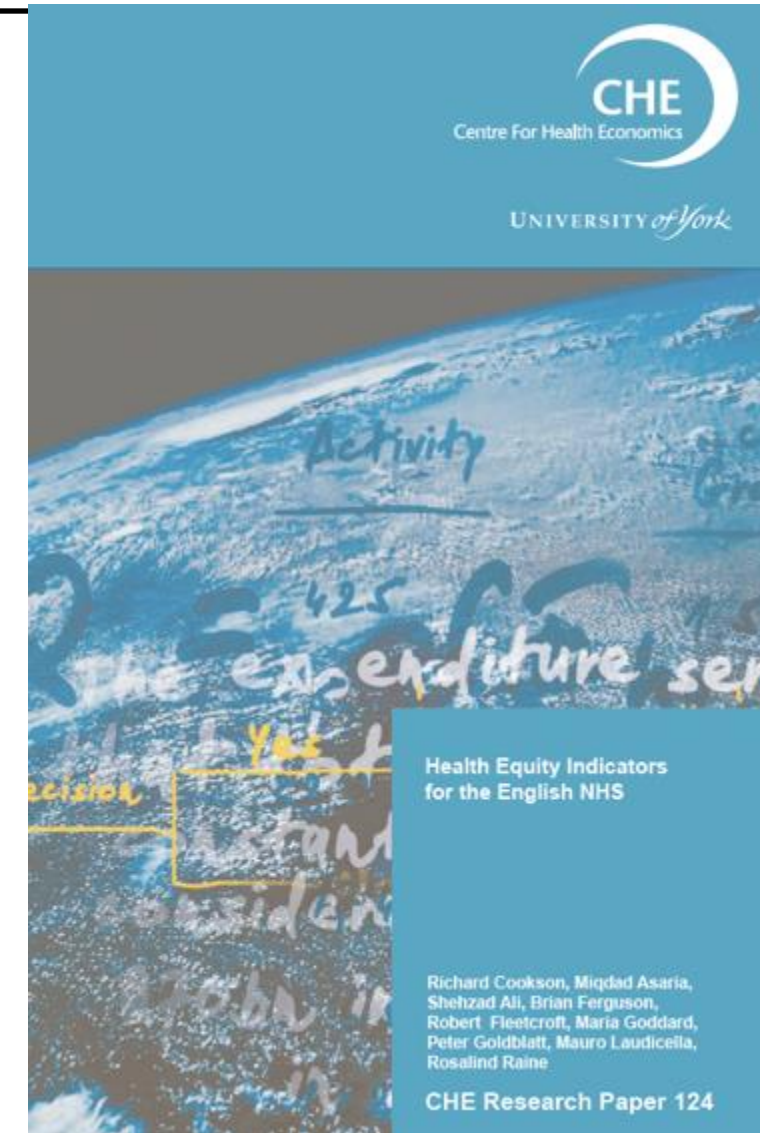
Listen to us	Trust us	Employ us	Create & support the conditions for social connections to develop & flourish
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Healthcare

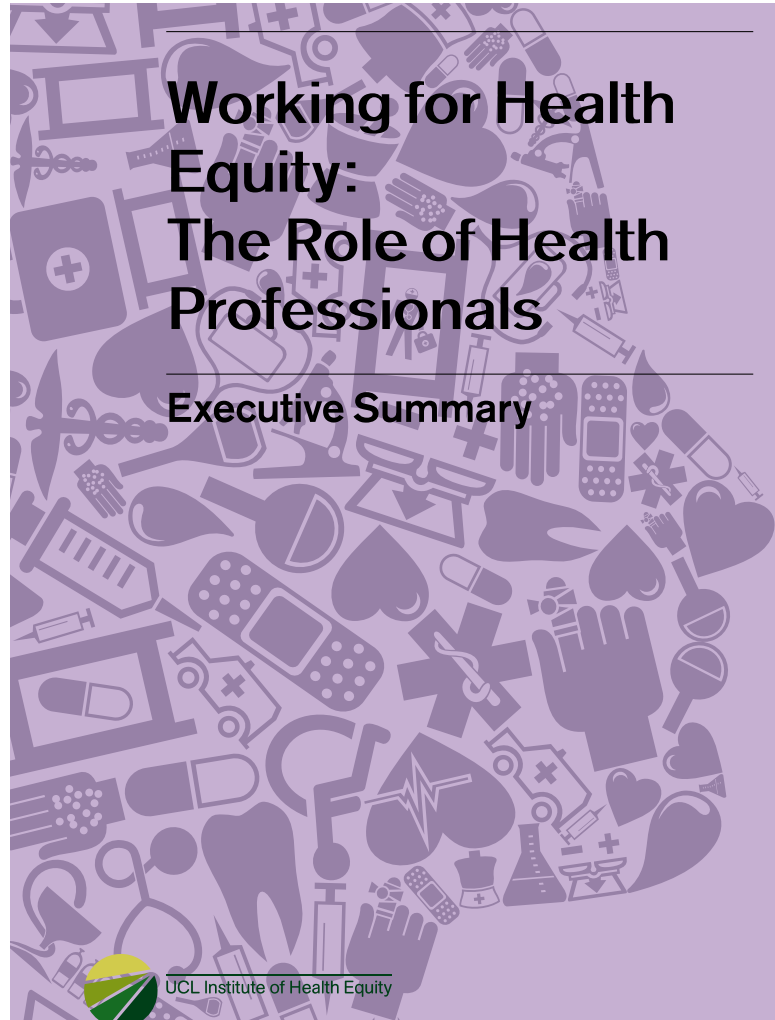


DOCTORS
FOR HEALTH
EQUITY

The role of the World Medical Association, national medical associations and doctors in addressing the social determinants of health and health equity

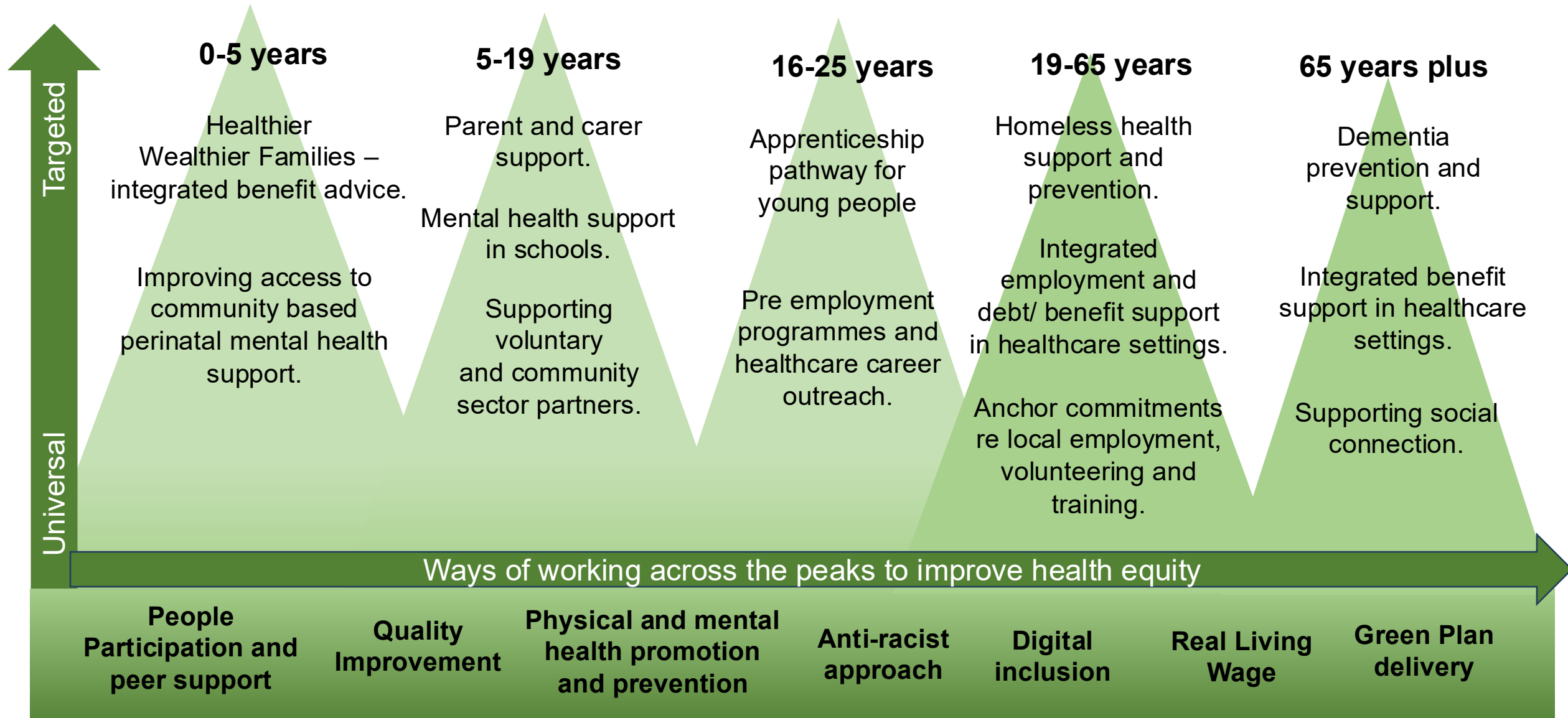


Working for Health Equity: The role of health professionals



- Workforce education and training
- Working with individuals and communities
- NHS organisations
- Working in partnership
- Workforce as advocates

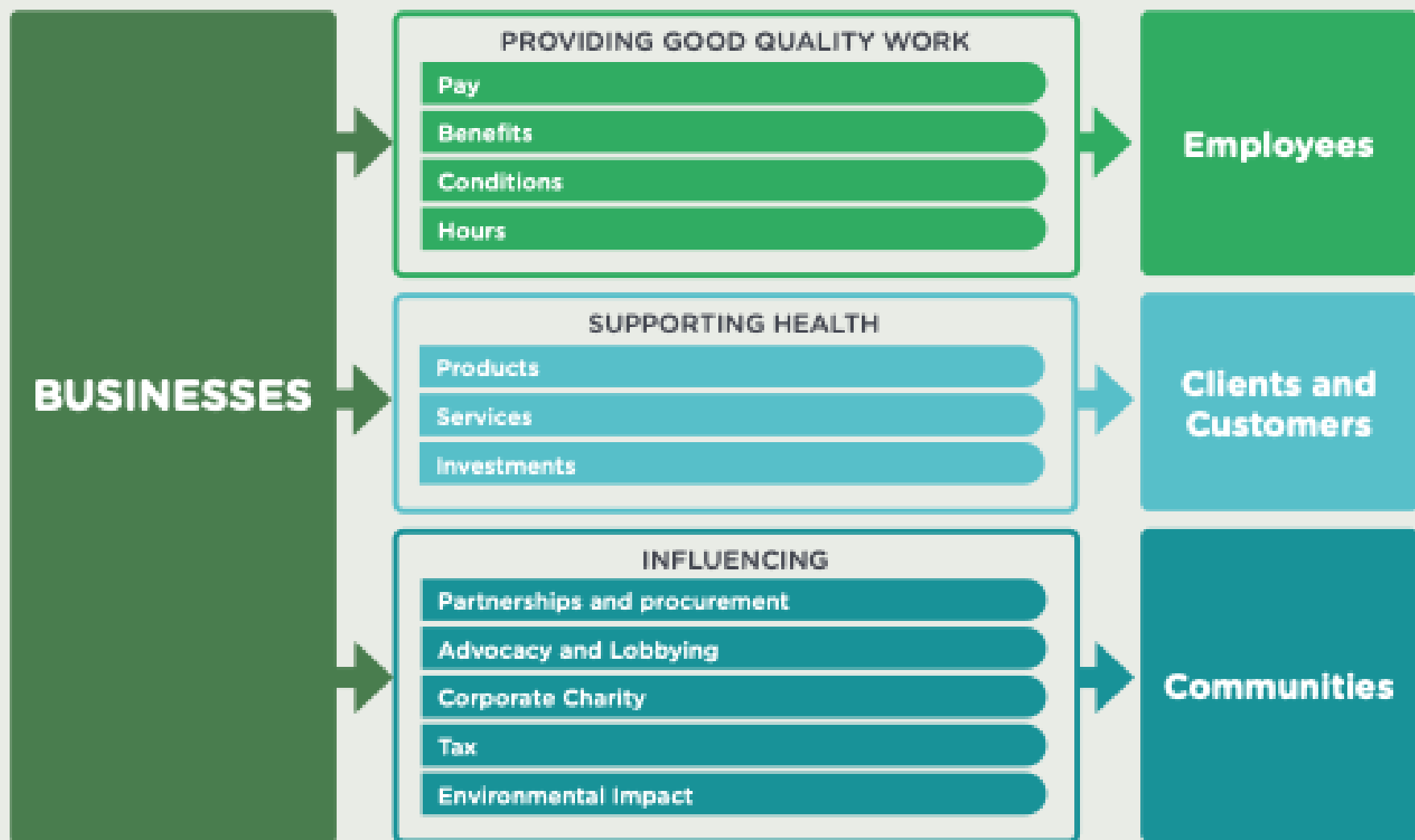
ELFT Marmot Mountains



Integral to the above is good working relationships with community and place-based partners.

Role of business

Figure 1. How businesses shape health: the IHE framework





Working well:

Delivering better health outcomes for hidden workers

Voluntary and community sector

- Locally – learning from the CVFSE sector how to take action and partnerships
- 3 large national community voluntary sector organisations adopting the approach
 - Barnardos Partnerships with health care system on the SDH
 - Turning point Employees
 - British Red Cross Services

The Health Equity Network

Aims:

Collaboration and knowledge sharing on health equity and the social determinants of health

Drive national and global action through partnerships, conferences, webinars, and thematic working groups

Build a social movement for health equity, fostering dialogue across public, private, and voluntary sectors

Over 7000 members (October 2025)

